Candidate Study Guide for the Illinois Nail Technician Examination

The following information is intended to help you prepare for the computer-administered Illinois Nail Technician Examination. Part I of this study guide contains general information about the profession and testing procedures. Part II provides a content outline, lists the competencies covered in the examination, and suggests reference materials that are commonly used in Illinois cosmetology schools. Part III describes procedures on the day of the test. Part IV provides sample guestions to help you prepare for this test.

Part I General Information

PURPOSE OF THE EXAMINATION

This examination is required for professional licensure by Illinois law to certify that each cosmetologist is familiar with practices, rules and regulations that will protect the health, safety and welfare of the public. Copies of the Act are available from the Illinois Department of Financial and Professional Regulation (IDFPR) on their website at www.idfpr.com.

TEST VALIDITY

This examination has been developed in consultation with a committee of cosmetology teachers. Test questions reflect standards and practices documented in a survey of licensed cosmetology teachers. Each question is supported by commonly used cosmetology textbooks (see page 13).

APPLY ONLINE

Complete the application online at www.continentaltesting.net and submit all required transcripts and related documents. An application is not complete until it includes a valid email address and all fees have been paid. Credit card payment is available as part of the online application. Each approved candidate receives an email from PSI that provides instructions to schedule a testing appointment.

TIME LIMIT

Each candidate schedules a PSI appointment to allow time to verify IDs and complete other check-in procedures. The time limit for the examination is 90 minutes.

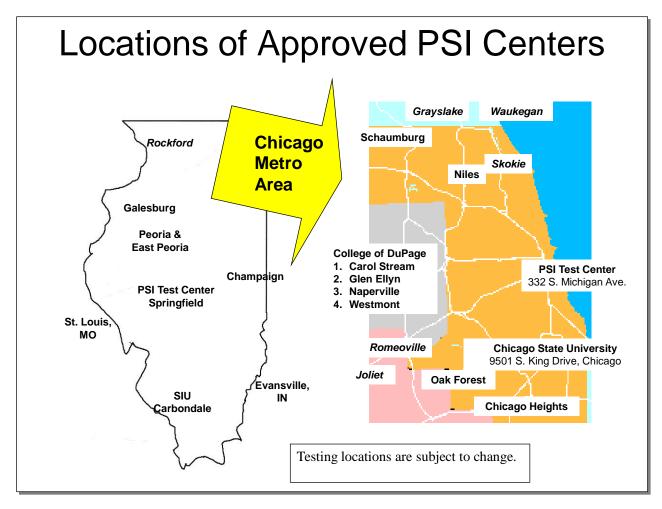
SPECIAL ACCOMMODATION REQUESTS An applic

An application for special accommodations with appropriate documentation is required before special arrangements can be completed. If approved, the candidate will receive an email from PSI with instructions to schedule a test date in a test center that has appropriate facilities. Candidates who are approved for special accommodations must schedule using the PSI Call Center. Testing appointments with special accommodations must be made at least two weeks prior to the desired test date.

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SCHEDULING

After CTS approves your application, you can schedule a test date at one of the approved PSI Test Centers by using PSI's online system at www.psiexams.com or by calling PSI at 1-800-733-9267. All regular testing appointments must be scheduled at least two business days prior to the desired test date. You must complete your test within 60 days after CTS approves your application.



PSI Test Centers in Carbondale, Champaign, downtown Chicago, East Peoria and Peoria, Galesburg, Glen Ellyn, Springfield, Westmont and Evansville, IN are proctored by onsite personnel. Other locations use remotely proctored testing stations that monitor candidates with three digital cameras and a sensitive built-in microphone. Proctors in these locations communicate with candidates on-screen during the test and pause the exam whenever unauthorized persons or activity appear in video monitors or in audio recordings. The proctor will pause the exam whenever a candidate leaves the testing station or an interruption occurs. The proctor may end the test if an interruption is not corrected appropriately. Each remotely proctored test station also is equipped with noise-cancelling headphones to help candidates screen out distractions if they wish to use them. All other rules are the same for examinations in on-site proctored and remotely proctored locations.

Directions and other information about each test location follow and are available on the PSI website. Testing locations are subject to change. Candidates should verify the location of each test center in their admission notice after they schedule an examination.

Remotely proctored test centers are indicated. All others are proctored by on-site personnel.					
City/State	Address	Driving Directions			
Carbondale, Illinois	Southern Illinois University, 605 Agriculture Dr., MC 4722 Room 781 (7th floor)	Morris Library is in the center of campus. More information about parking for the new center in Morris Library is available online at http://lib.siu.edu/directions.			
Champaign, Illinois	Parkland College 2400 W Bradley Ave, U203	From I-72 East, take N Country Fair Drive. Turn left onto W Bradley Ave. RM U203			
Chicago, Illinois	PSI Chicago 332 S. Michigan Avenue Suite 410	Take US-41S which becomes I-94E. Take the W Jackson Blvd exit (51F). Turn left on W Jackson Blvd. Turn right on S Michigan Ave.			
Chicago, Illinois	Chicago State University, 9501 S. Martin Luther King Drive	One remotely proctored test station. Chicago State University is located at 9501 South Martin Luther King Drive in Chicago. The testing station is located in Room 202 on the 2nd floor Quiet Study Area of the New Library. Park on campus for \$5. Nearest CTS Station: 0.6 miles from 95th Street Station on Red Line; numerous bus routes to campus.			
Chicago Heights, Illinois	Prairie State College 202 S. Halsted Street Room 3211	One remotely proctored test station. Prairie State College is located at South Halsted Street and Vollmer Road in Chicago Heights. The campus is about three miles south of Interstate 80 on Halsted. Testing is in room 3211 of the main building			
Galesburg, Illinois	Carl Sandburg College 2400 Tom L Wilson Blvd	Exit Interstate 74 onto Hwy 34 West (toward Monmouth). Proceed to Hwy 150 West (Carl Sandburg College Exit toward Alpha). Turn left at stoplight onto South Lake Storey Road. 1 mile to CSC entrance on the left. The entrance to Carl Sandburg College will be to your left. Turn left onto Tom L. Wilson Blvd. Upon entering campus from Lake Storey Rd, turn right at the electronic marquee sign. Enter the door with the large B above it. Once in the lobby, turn right and go through glass door. The Testing Center check-in is immediately located to the right in room B-07.			
Niles, Illinois	Real Estate Institute 6203 W Howard Street Exam Room	Two remotely proctored test stations. REI is located at the corner of Howard Street and Merrimac Avenue in Niles, between Caldwell and Lehigh.			
Oak Forest, Illinois	South Suburban College - Oak Forest Center 16333 S. Kilbourn Avenue, Room 5130	One remotely proctored test station. Exit I-57 on 167 East to Kilbourn Avenue. Turn left on Kilbourn and drive three blocks to South Suburban College campus. Park in front of building. The campus also is served by bus routes 364-159th Street and 354 Harvey-Oak Forest Loop.			
Rockford, Illinois	ROCKFORD OSF Center For Health, 5510 E. State St, Room 284 (back of the building)	One remotely proctored test station. From I-90 W, take the US-20 Bus/State St exit. Merge onto US-20 Bus W/E State St toward Rockford. The building is on the righthand side after passing the main hospital.			
Schaumburg, Illinois	Schaumburg - Harper College Professional Center, 650 E. Higgins Road Suite 2W	Two remotely proctored test stations. North side of Higgins Rd, between Roselle and Plum Grove, just west of the McDonalds. When you enter the drive, turn right and park. Our new Suite 2W is on the northeast end of the building.			

Remotely proctored test centers are indicated. All others are proctored by on-site personnel.					
City/State	Address	Driving Directions			
Skokie, Illinois	Oakton Community College 7701 North Lincoln Avenue Room A135	One remotely proctored test station. Oakton Colleges Skokie campus is between Howard and Niles Center Road on Lincoln in Skokie. Park in student lot in front of campus. Test center is Room A135.			
Springfield, Illinois	PSI Springfield 3223 South Meadowbrook Road, Suite B	Follow I-55 south to I-72 toward Jacksonville, exit at IL 4 (Veterans Parkway) and go north to Wabash and turn Left on Wabash and then Left again on S. Meadowbrook Rd.			
COLLEGE C	F DUPAGE TEST CENTE	RS (4)			
Carol Stream, Illinois	College of DuPage Carol Stream Campus 500 N Kuhn Road	One remotely proctored test station. Center is on the west side of Kuhn Rd, north of North Ave and south of Lies Rd. From North or South: Exit from I-355 at Route 64/North Ave, and head west to Kuhn Rd (second stoplight past Gary Ave.) Turn right on Kuhn Rd north to the center on the west side of the street. From East or West: Exit from I-88 at Route 59 and go north to Route 64/North Ave. Turn right on Route 64/North Ave heading east to Kuhn Rd (next stoplight past County Farm Rd). Turn left heading north to the center located on the west side of the street. The center is also accessible from I-88 via I-355 North. Follow north/south directions above after exiting from I-88 to I-355 North.			
Glen Ellyn, Illinois	College of DuPage Glen Ellyn Campus 425 Fawell Blvd, BIC 2A08	Enter the College of DuPage Main Campus on Fawell Blvd. Enter the Student Services Center (SSC) Building. Please go to the Berg Instructional Center (BIC) Specialized Testing Services - Room 2A08. The SSC and BIC buildings are attached.			
Maperville,	College of DuPage Naperville Campus 1223 Rickert Drive	One remotely proctored test station. Naperville Center is located on the south side of Rickert Drive. Rickert Drive is accessed by turning north from 75th Street two miles west of Washington Street. From Route 59, travel east on 75th Street to Rickert Drive and turn north.			
Westmont, Illinois	College of DuPage - Westmont Center 650 Pasquinelli Drive	Westmont Center is located on the west side of Pasquinelli Drive. Pasquinelli Drive is accessed by turning north from Ogden Ave one block west of Rout 83. The center entrance is immediately north of the bank.			
COLLEGE C	F LAKE COUNTY TEST (CENTERS (2)			
Grayslake, Illinois	College of Lake County Grayslake Campus, 19351 West Washington Street Room B150	One remotely proctored test station. The Testing Center is located in Room B150 on the first floor of the Grayslake Campus.			
Waukegan, Illinois	College of Lake County Waukegan Campus 33 N. Genesee Street	One remotely proctored test station. Take Belvidere (Route 120), Grand or Washington east to Genesee Street. The CLC Lakeshore Campus is on Genesee north of Washington and west of Sheridan Road. 2nd floor room N203.			

Remotely proctored test centers are indicated. All others are proctored by on-site personnel.								
City/State	Address	Driving Directions						
ILLINOIS CENTRAL COLLEGE TEST CENTERS (2)								
East Peoria, Illinois	Illinois Central College, 1 College Drive Room L220 in Library & Administration Building	East or West: Exit US 150/IL 116. Drive 3 miles to Centennial Drive. Turn right onto Centennial Drive and go up the hill to the stoplight; ICC is on the left. Park in Visitors lot. North-Exit I-55 onto US Rte 24. Drive 42 miles. At the College Drive stoplight, turn left. Park in Visitors lot. South-Take I-55 N towards Chicago. Take I-155 N on the left toward Peoria. Merge onto I-155 N. Take the I-74 W exit on the left at Morton toward Peoria. Merge onto I-74 W. Take US-150/IL-116 E exit 95 toward Metamora. Turn right onto US-150/IL-116E. Drive 3 miles to the stoplight at Centennial Drive. Turn right onto Centennial Drive. Park in Visitors lot.						
Peoria, Illinois	Illinois Central College 5407 N University Drive Arbor Hall 103E	East or West-Exit I-74 at US-150 E/N War Memorial Drive. Turn left onto N University St. North-Exit I-55 onto I-74 W. Merge onto US-150 E/N War Memorial Drive 9. Turn left onto N University St. South-Exit I-55 N onto I-155 N/IL-121 N toward Peoria/ Hartsburg. Merge onto I-74 W via the exit-on the left-toward Peoria. Merge onto US-150 E/N War Memorial Drive. Turn left onto N University St. Look for Illinois Central College - North Campus.						
JOLIET JU	NIOR COLLEGE TEST	CENTERS (2)						
Joliet, Illinois	Joliet Junior College 1215 Houbolt Road	One remotely proctored test station. Exit I-55 onto Route 52 East (Exit 253) to Houbolt. Turn right (South) to college entrance. Report to Academic Skills Center in A-1138.						
Romeoville, Illinois	Joliet Junior College (Romeoville Campus) 1125 W 135th Street	One remotely proctored test station. The testing center is located in the Resource Center, room NC 80.						
PSI TEST (CENTERS OUTSIDE ILL	INOIS (2)						
St. Louis, Missouri	PSI Test Center 11100 Mueller Road Suite 7 & 8	One remotely proctored test station. From St. Ann: Drive I-270 South and exit onto MO-21 (Tesson Ferry Rd). Drive east for about one and a half miles. From Tesson Ferry Rd, turn right onto US-50 (Lindbergh Blvd) for approximately a quarter mile. From Lindbergh Blvd, turn left onto Mueller Rd. The building is located behind McDonalds and a Mobile gas station.						
Evansville, Indiana	Ivy Technical Community College, 3401 N First Ave	Testing is in the Workforce Certification and Assessment Center. From Kentucky (South): Take Hwy 41 N to the Diamond Ave exit. Exit, going West to First Avenue turn right going North. You will travel through 2 stoplights before reaching Wendy's restaurant. Turn right at Wendy's; our parking lot is immediately to the left. From the airport: Take a left on Hwy 57 To Hwy 41. Go left going South on Hwy 41 to the Diamond Avenue Exit, going West to First Avenue turn right going North.						

Instructions for scheduling a test using PSI's 800 number

PSI provides an automated system to schedule your test via the telephone <u>without having to speak</u> with a Customer Service Registrar.

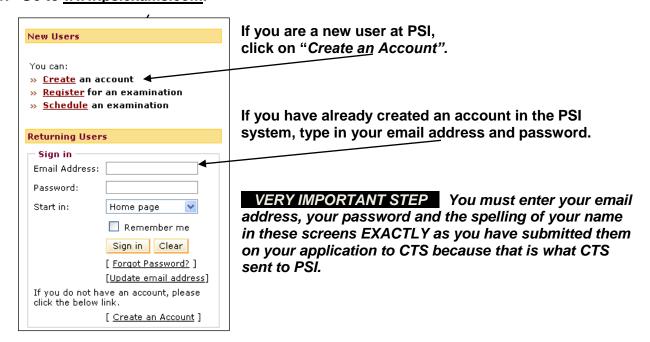
- 1. Call 800-733-9267, then Press 5
- Stay on the line until the you hear the system begin (about 30 seconds)
- 3. You will be asked what you want to do: schedule, confirm, or retake a test
- 4. You will be asked if you know your ID# (this is your social security number)
- 5. The system will find your record and confirm the first few letters of your last name
- 6. The system will confirm the test
- 7. You will be asked what you want to do: schedule or request a bulletin
- 8. The system will use your zip code to find the closest test center
- 9. You will be given the closest test center
- 10. You will be given the available dates and times when you could take the test
- 11. You will select the date and time and the system will schedule you
- 12. You will be emailed a confirmation including the date and time of your testing appointment; the email includes directions to the PSI Test Center

If you prefer to **speak** to a Customer Service Registrar, they are available Monday through Friday, between 6:30 am and 7:00 pm and Saturday, between 10:00 am and 4:00 pm, Central Time.

Call 800-733-9267, Select 5, then select * (star).

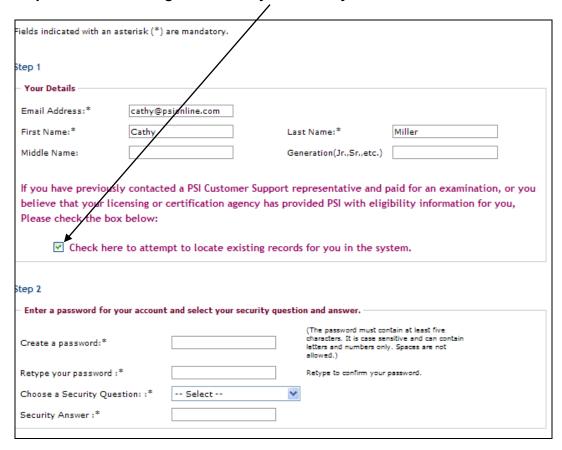
Instructions for scheduling a test online at www.psiexams.com

1. Go to www.psiexams.com.

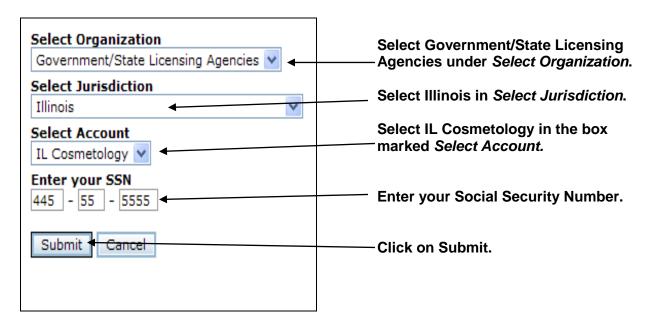


A PSI staff member will answer to help you schedule your CTS exam.

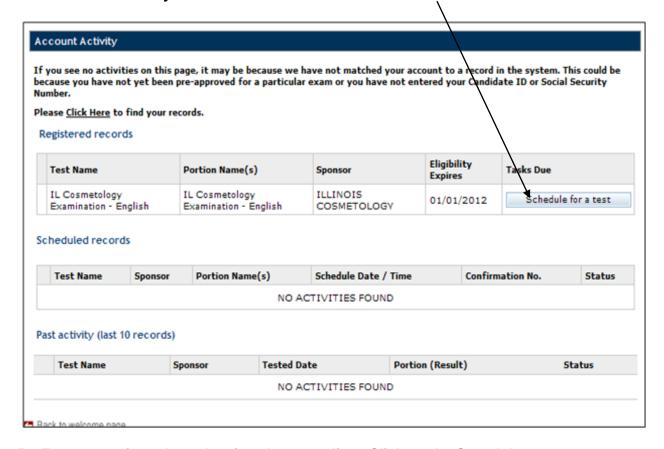
2. If you already have an account in the PSI system, check the box "Check here to attempt to locate existing records for you in the system".



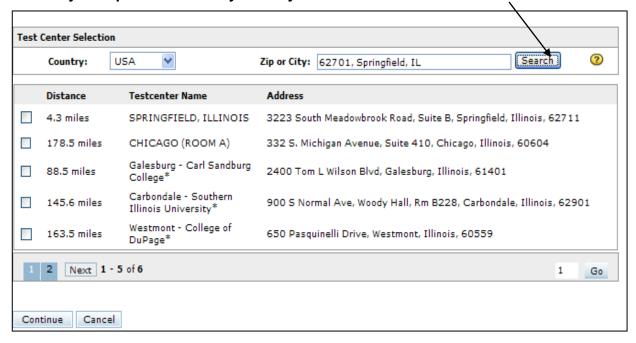
3. Complete the following steps as shown below.



4. You are now ready to schedule. Click on Schedule for a test.



5. Enter your zip code or the city where you live. Click on the Search button.

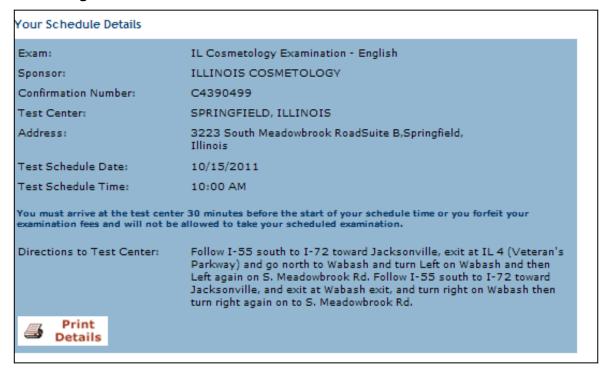


You will see a list of the testing sites, starting with the one that is closest to you. Select the *Test center* you prefer from the list, then click on *Continue*.

6. You will now see a list of available test dates and times based on your eligibility expiration date. Click on the date and time of your choice and select *Schedule*.



7. A confirmation will appear that you can print by clicking on the *Print Details* button. This message also includes directions to the test center.



8. You also will receive an email from PSI to confirm the test center, date and time you have selected to take your test.

PSI CONFIRMS BY EMAIL

PSI sends each candidate an email to confirm the date and time of his/her testing appointment; the email includes directions to the PSI Test Center.

RESCHEDULING

A testing appointment may be rescheduled up to two business days before the scheduled test date. Candidates who fail this examination must reapply after complying with the requirements for retesting based on the number of their prior attempts.

MISSING AN APPOINTMENT

Candidates who miss a testing appointment forfeit all fees and must reapply before they are eligible to schedule a new test date.

TEST SCORES

Candidates will receive an unofficial score report before they leave the PSI Test Center. *All candidates will receive their official score reports from CTS one to two weeks after their test date.* Candidates who pass will receive an application to apply for licensure with their CTS score report. Candidates who fail will receive a diagnostic report in their CTS score report indicating content areas in which they need to improve their scores.

Part II Test Content and Recommended Study Materials

This examination is based on recommendations from licensed cosmetology teachers throughout Illinois. Content areas on the test are outlined below.

Nail Technician Content Areas (65 Questions)

I. Health and Safety

30-35% of Test

- A. Understanding sources of infection and disease
- B. Handling and storing implements and materials
- C. Responding to nail disease and irregularities
- D. Following sanitation and safety procedures

II. Nail Care 15-20% of Test

- A. Understanding nail composition and structure
- B. Analyzing and caring for nails

III. Nail Technology Services

(48-52% of Test)

- A. Preparing for manicures and pedicures
- B. Using manicuring tools and products
- C. Applying manicuring techniques
- D. Repairing nails
- E. Using artificial nails
- F. Pedicuring
- G. Using nail tips and decorations

Recommended Study Materials

Test questions are based on information provided in the following reference materials.

Milady's Standard Nail Technology, 7th Edition (2015).

Publisher: Milady Publishing Company Website: www.milady.com

Salon Fundamentals, Nails (2014)

Publisher: Pivot Point International, Inc Website: www.pivot-point.com

Milady's Standard Cosmetology (English or Spanish editions, 2016)

Publisher: Milady Publishing Company Website: www.milady.com

Salon Fundamentals, or Salon Fundamentals: Un recurso para tu carrera de cosmetología,

Third Edition (2014)

Publisher: Pivot Point International, Inc Website: www.pivot-point.com

Part III Testing Procedures

YOU WILL NOT BE ALLOWED TO TAKE THE EXAM IF YOU DO NOT HAVE ONE OF THESE FORMS OF ID. ALL CANDIDATE IDS ARE SUBJECT TO SECURITY SCREENING TO VERIFY THEIR AUTHENTICITY.

- A valid US Driver's License or State ID issued by one of the 50 states or US Territories.
- A valid US Passport or Military Active Duty ID.
- A valid consular ID

All candidates must agree to abide by PSI Test Center Rules:

- Video monitoring of each candidate occurs throughout the test.
- Video tapes may be reviewed if suspicious behavior occurs during a test.
- Name and address on the candidate ID must match the CTS application and PSI candidate registration records.
- ALL NAME OR ADDRESS CHANGES MUST BE SUBMITTED TO CTS IN WRITING AT LEAST 10 DAYS BEFORE THE TESTING APPOINTMENT.

No candidate may take this test if he/she:

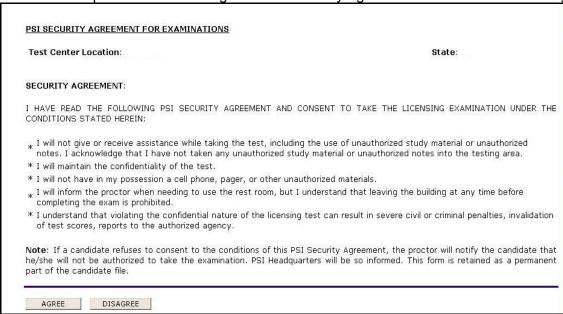
- Does not present required photo ID when asked
- Refuses to sign the PSI Examinee Agreement
- Does not follow all PSI Test Center rules
- Tries to use prohibited items, including but not limited to books, notes, cell phones, cameras, pagers or other electronic devices during a test
- Gives or receives help during a test or test breaks
- Tries to record or copy any test questions
- Fails to follow PSI Test Center staff instructions
- Disrupts testing for other candidates

Test Center check-in procedures include:

- Cell phones, pagers or other electronic devices are **NOT PERMITTED** in the testing room.
- Personal items (purses, coats, etc.) MUST be secured outside the testing room.
- A digital photograph and a digital fingerprint will be taken during check-in.
- Candidates must sign in and out of the test center for all personal breaks during testing.
- The test timer continues during any candidate's personal breaks.

Before you start the test, you will be asked to enter your social security number. It must be identical to the social security number you submitted in your application to take this examination.

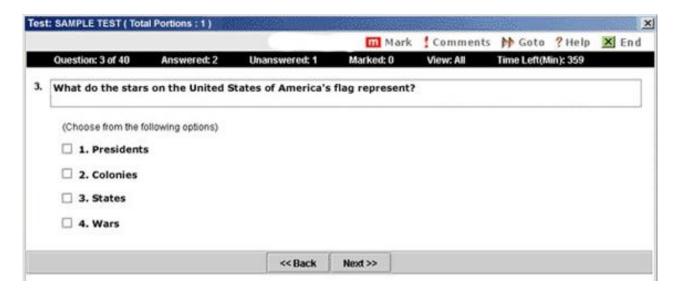
You will be required to read and agree to the security agreement before the test will begin.



You will be asked to confirm your name, social security number and the examination for which you are registered before you can begin.

Before you start your examination, an introductory tutorial to the computer and keyboard will be available on the computer screen. The time you spend on this tutorial DOES NOT count as part of your examination time. Candidates may repeat the tutorial as many times as they like until they are ready to start the test.

Examination Screen



The Status Bar



The Status Bar at the top of the examination screen gives the status of the test.

- "Question 3 of 40" indicates that you are on QUESTION 3 out of 40 total questions.
- "Answered" and "Unanswered" indicate that you have answered 2 questions and left one question unanswered.
- "Marked" means that you have marked 0 questions to review later.
- "View" indicates that all questions on the test are available to you for VIEWING. (See GOTO Button)
- "Time Left" indicates how many minutes the candidate has remaining on this exam.

The Item or Question

Each question or test item appears on the screen ONE ITEM AT A TIME.

Choosing an Answer

Use the mouse to click on the option you believe is the best answer to the question. The answer you select will show a check mark or a filled button. Your answer is recorded when you click on NEXT. The computer then moves you to the next question. Since there is no penalty for wrong answers, you should answer every question by choosing what you think is the best response.



Mark Button



The candidate may choose to mark a question to review later with the **Mark** button above the Status Bar. The candidate can review marked items by clicking on the **GoTo** button.



Comments Button

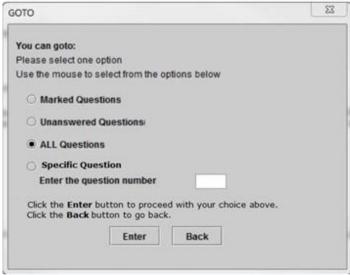
The **Comments** button offers the option to give a comment or feedback about the question in the screen that appears below.



GoTo Button



The **GoTo** Button takes the candidate to the following screen.



The candidate may use this screen to find:

- Marked questions
- Unanswered questions
- All questions
- A specific question identified by question number

View on the Status Bar will change to indicate which questions the candidate is viewing: For example, if the candidate chooses Marked Questions on the GoTo screen, the status will change to **View: Marked**.





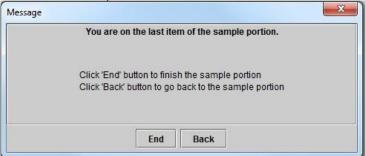


The **HELP** Button provides summary of each button's functions. The candidate can click on **HELP** at any time.

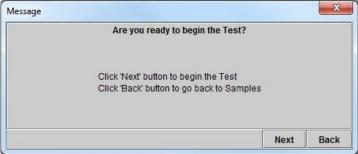
Practice Questions or Sample Test

The Sample Test provides a few questions to help the candidate confirm how to mark answers to questions on the test. Sample Items are not scored and do not count toward the final result. They are provided for the candidate to become familiar with the computer prior to starting the scored portion of the exam.

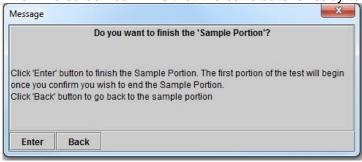
On the last Sample Question, the candidate will see a series of messages.



Click **Next** to continue to the full exam or **Back** to return to sample questions.



The third screen confirms that the candidate is ready to begin the full exam.

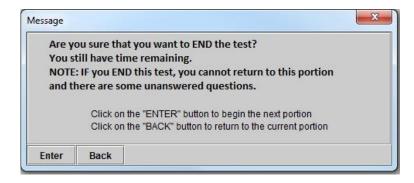


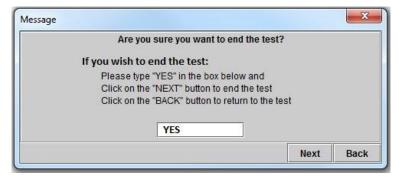
Ending the Exam



The **End** button starts the sequence for ending either the sample items or the full exam.

Candidates will see the following screens at the end of the examination.





Survey Items

A short survey of your exam experience appears onscreen at the end of these to provide feedback about the test center and the exam.

Score Reports

Candidates who achieve a score of 75 or higher receive a preliminary report at the test center. An official CTS letter will confirm the candidate's test results and provide further instructions for obtaining a license.

Candidates who achieve a score below 75 will receive a preliminary report at the test center. An official CTS letter will confirm their test results and provide further instructions about scheduling future attempts.

Part IV Sample Questions

All questions on the Illinois Nail Technician Examination are multiple-choice, with one correct answer. The answer key for this sample test appears after these questions. These are provided for information purposes only to illustrate the types of questions that will appear on each test. Similar sample questions appear in the Cosmetology Computer Practice Test.

Question 1	What is the purpose of sanitizing or disinfecting implements a equipment in a salon?				
	 □ 1. To reduce the number of pathogens or microbes □ 2. To eliminate scratches and blemishes □ 3. To remove all offensive odors □ 4. To resist staining and fading 				
Question 2	The purpose of sanitizing implements and equipment is to				
	 □ 1. remove all offensive odors. □ 2. destroy or prevent the growth of terms. □ 3. eliminate scratches and blemishes. □ 4. resist staining and fading. 				
Question 3	A general infection				
	 □ 1. is found in most of the general population. □ 2. attacks both clients and staff at the same time. □ 3. spreads throughout the body in the bloodstream. □ 4. combines virus, bacteria and fungus germs at once. 				
Question 4	Nails are most similar to the				
	 □ 1. teeth. □ 2. skin. □ 3. bones. □ 4. ligaments. 				
Question 5	What is damaged when a client has a hangnail?				
	 □ 1. The root of the nail. □ 2. The edge of the nail. □ 3. The cuticle of the nail. □ 4. The plate of the nail. 				

Question 6	The na	il's free edge should be filed				
	□ 3.	from the from the	right side left side to	to the left the the the the the the the the the th	the center. corner. corner. and left corners.	
Question 7	A scul	ptured nail	is anothe	r name fo	r	
	□ 2. □ 3.	a nail tip. a nail wra a light-cu an acrylic	red gel.			
Question 8	8 A nail tip					
	□ 2. □ 3.	should be is an artif	e cut straiç icial nail n	ght across nade of pl	al nail plate. for greater strer astic, acetate or with no overlay.	
Question 9	Clean	Cleanup of the manicure table should be done				
	□ 2. □ 4.	once at midday and again at the end of the day. after the completion of each client. once at the end of each day. as frequently as possible.				
Question 10	In a nail wrap, the wrapping material is applied with					
	□ 1. □ 2. □ 3. □ 4.	3. a disinfectant.				
		Answe	ers to S	Sample	Questions	
	Quest Quest Quest Quest	tion 1 tion 2 tion 3 tion 4	1 4 3 2 3	, ampie	Question 6 Question 7 Question 8 Question 9 Question 10	1 4 3 2 4